

Hidden zucchini smoothie

Ingredients:

- few pieces of frozen zucchini
- few pieces of frozen banana
- handful of blueberries
- 1 tbsp nut butter
- pinch of salt
- 1/2 cup of vegan yogurt
- dates/agave syrup
- 1 tbsp chia seeds



Directions:

- Blend all of the ingredients together
- Serve with your favorite granola and more fruit

Bon Appetit!

