

Flawless Kale Chips

Ingredients:

- Red Russian kale
- 2 tablespoons of olive oil
- 1 teaspoon of lemon juice
- Pinch of salt

You can also add:

- Chili
- Powdered smoked paprika



Directions:

1. Preheat oven to 300 degrees Fahrenheit (150 degrees Celcius)
2. Wash the kale and cut it into smaller pieces
3. In a small bowl combine olive oil, lemon juice, and all of the spices
4. Mix the kale with the oil and transfer it to a baking pan (covered in baking paper)
5. Bake it in the oven for about 6-10 minutes. The kale is supposed to be crispy but not burnt.
6. Let the kale cool down

Bon Appetit!

